

2023 -2024

ΑΙΘΟΥΣΑ Α	Ε	9.00 – 10.30 BALLET					Ε	9.00 – 10.30 BALLET		
ΑΙΘΟΥΣΑ Β	Τ	10.30 – 12.00 CONTEMPORARY	Γ	9.00-10.00 PBT MAT	Γ	9.00-10.00 AEROBIC	Γ	9.00-10.00 PBT MAT	Τ	10.30 – 12.00 CONTEMPORARY
ΑΙΘΟΥΣΑ Α	Κ	17.00-17.50 CLASS A ΚΙΝΗΤΙΚΗ ΑΓΩΓΗ	Κ	17.00-18.00 TECHNIQUE “LIMON” CLASS B	Γ	17.00-18.00 HIP HOP CLASS B	Κ	17.00-18.00 CONTEMPORARY CLASS B	Τ	17.00-18.00 HIP HOP CLASS B
ΑΙΘΟΥΣΑ Β									Κ	17.00-17.50 CLASS A Α.Π.Α.Σ.
ΑΙΘΟΥΣΑ Α	Κ	18.00-19.00 PBT MAT	Κ	18.00-19.00 TECHNIQUE “LIMON” CLASS C	Γ	18.00-19.00 HIP HOP CLASS C	Τ	18.00-19.00 CONTEMPORARY CLASS C	Τ	18.00-19.00 HIP HOP CLASS C
ΑΙΘΟΥΣΑ Β		18.00 – 19:00 HIP HOP KIDS				18.00 – 19:00 HIP HOP KIDS	Κ	18.00-19.00 PBT CARDIO	Κ	18.00-19.00 FUNCTIONAL DANCE TRAINING
ΑΙΘΟΥΣΑ Α	Κ	19.00-20.30 CONTEMPORARY CLASS E	Κ	19.00-20.00 CONTEMPORARY CLASS D	Τ	19.00-20.00 HIP HOP CLASS D	Τ	19.00-20.00 CONTEMPORARY CLASS D	Κ	19.00-20.00 HIP HOP CLASS D
ΑΙΘΟΥΣΑ Β	Τ Γ	19.30-20.30 ΕΝΔΥΝΑΜΩΣΗ ΧΟΡΕΥΤΩΝ	Γ	19.30 – 20.30 PBT MAT			Κ	19.00-20.00 PBT MAT	Τ Γ	19.30-20.30 ΕΝΔΥΝΑΜΩΣΗ ΧΟΡΕΥΤΩΝ
ΑΙΘΟΥΣΑ Α	Τ	20.30-22.00 CONTEMPORARY ADULTS (A.L.)	Γ	20.30-21.30 HIP HOP ADULTS (B.L.)	Τ	20.00-22.00 HIP HOP ADULTS (A.L.)	Τ	20.00-21.30 CONTEMPORARY ADULTS (B.L.)	Τ	20.30-22.00 CONTEMPORARY ADULTS (A.L.)
ΑΙΘΟΥΣΑ Β	Κ	20.30-21.30 PBT CARDIO	Κ	20.00-21.30 BALLET ADULTS (A.L.)			Κ	20.00-21.30 BALLET CLASS E	Κ Γ	20.30-21.30 FUNCTIONAL DANCE TRAINING

Τμήματα – ηλικίες

Class A: 4-6

Class B: 6-8

Class C: 8-11

Class D: 12-15

Class E: 15+

Adult (A.L.): Ενηλίκων Προχωρημένο

Adult (B.L.): Ενηλίκων Αρχάριο